

# Application of phytase in animal nutrition

**Hyeonho Yun**

CJ BIO, Animal Health Solution Team

## WHAT IS PHYTASE?

Myo-inositol (1,2,3,4,5,6) hexakisphosphate phosphohydrolase, or phytase, catalyzes the hydrolysis of phytate into myo-inositol and free phosphate. Among a variety of feed enzymes, phytase is known to be the most widely used in the feed industry. Phytase is considered an essential enzyme by feed millers. Generally, one unit of phytase activity is defined as the amount of enzyme required to release 1  $\mu\text{mol}$  of inorganic phosphate per minute from sodium phytate at 37°C, pH 5.5, which is expressed as U (FTU). In plants, phosphorus is stored as phytate, which contains 6 phosphate molecules bound around a myo-inositol ring and is degraded through stepwise dephosphorylation by the phytase. About 65~90% of total phosphorus content in plants is in phytate form (Reddy et al., 1982). Phytate digestibility is a challenge to pigs and poultry because of a very low activity of endogenous phytase (Pointillart et al., 1987).

Phytate often chelates different mineral cations such as Ca, Mg, K, Mn, or Zn creating a mineral-phytate complex. Thus, phytate reduces bioavailability of cationic minerals (Plimmer, 1913; Selle et al., 2009; Joshi-Saha and Reddy, 2015). Additionally, phytate may interact with other nutrients, namely protein, starch, and lipids, reducing their digestibility (Thompson and Yoon, 1984; Ravindran et al., 2000; Newkirk and Classen, 2001).

Phytase hydrolyze phytate through stepwise dephosphorylation through which increases the absorption rate of various minerals, especially the phosphorus. In addition, phytase improves the utilization of nutrients such as protein (amino acids) and carbohydrates. With increase of phosphorus digestibility via application of phytase, phosphorus excretion will be less. Thus, phytase helps nutritionists to practice a sustainable and economical feed formulation.

Phytase has become a standard ingredient in pig and poultry diets due to the rising cost of inorganic phosphorus. Phytase breaks down phytate making the phytate-bound phosphorus available. This allows to reduce the use of expensive inorganic phosphorus (Selle and Ravindran, 2008).

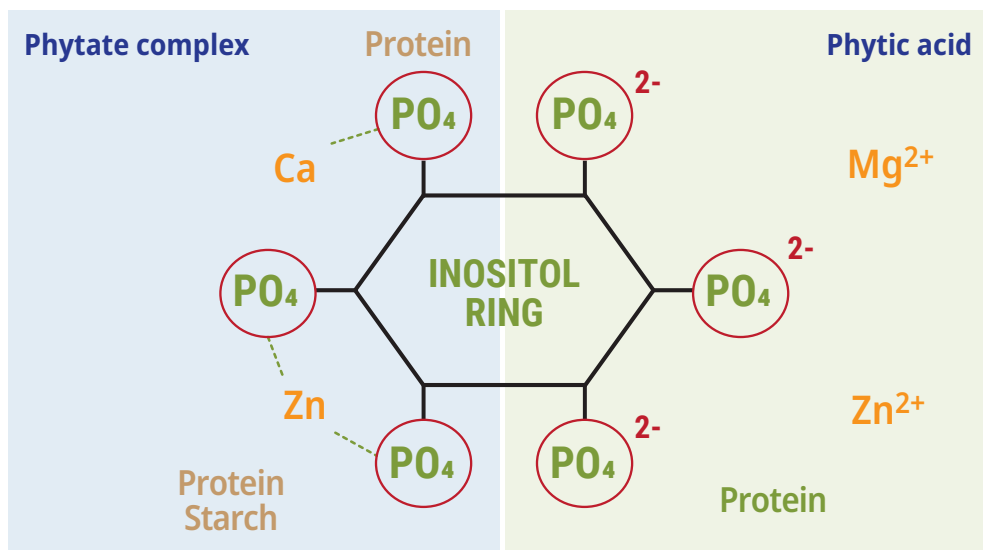
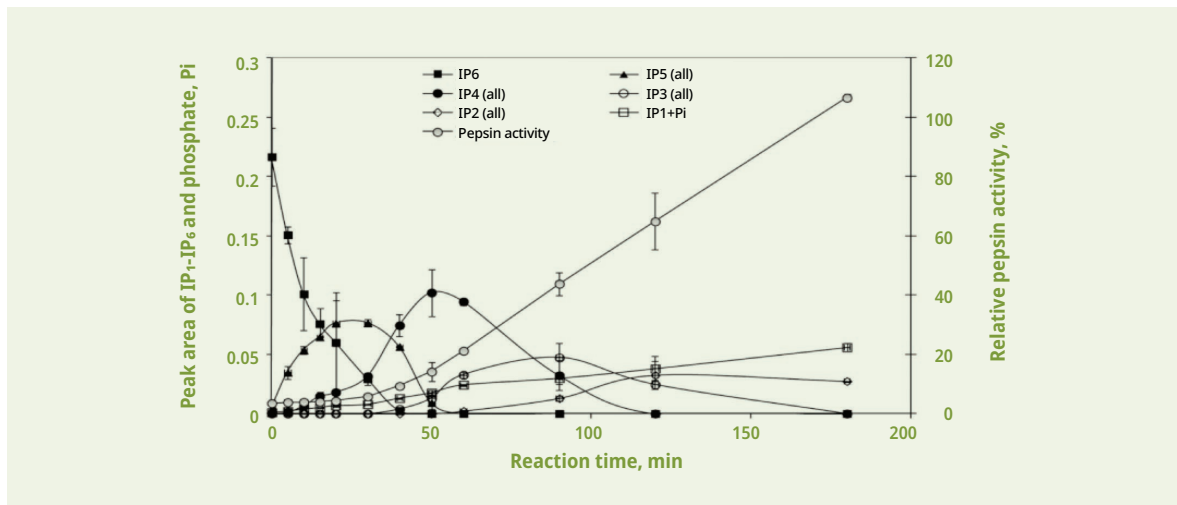


Figure 1. The structure of phytate complex and phytic acid

## PHYTASE SUPER-DOSING

“Super-dosing” means supplementing phytase in diets at rates above what is required to meet the animal’s requirement for available phosphorus (Kies et al., 2006; Cowieson et al., 2011).

With a normal dose of phytase (500 FTU kg<sup>-1</sup>), myo-inositol phosphate ester 6 (IP6) will be broken into IP5. The normal phytase dose will also break IP5 into IP4 and/or IP3. Thus, with normal phytase dosage accumulation of IP3 and IP4 will happen in the gut which does not exist in diets free of phytase (Fig. 2). IP3&4 have a high solubility and can easily bind Zinc and other minerals. Super-dosing (1500 FTU kg<sup>-1</sup>) will remove IP4 and IP3 (Yu et al. 2012) thus have the ability to improve minerals bioavailability. IP1-5 inhibits pepsin activity. Thus, super-dosing improved protein digestion by means of increasing pepsin activity (Yu et al. 2012).

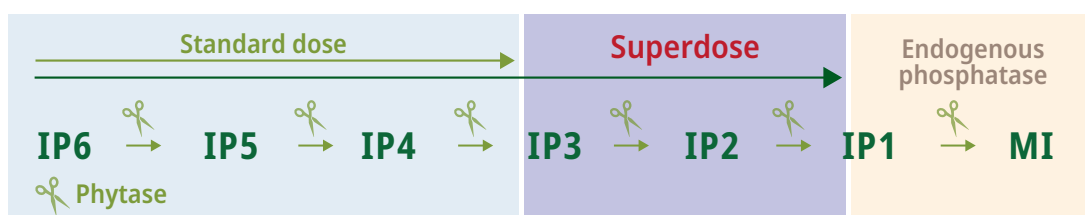


**Figure 2. Time course of phytic acid hydrolysis by phytase and inhibition of porcine pepsin catalyzed azurine cross-linked casein hydrolysis by the hydrolyzates.**

※ Each data point is an average of 2 separate experiments (adopted from Yu et al. 2012).

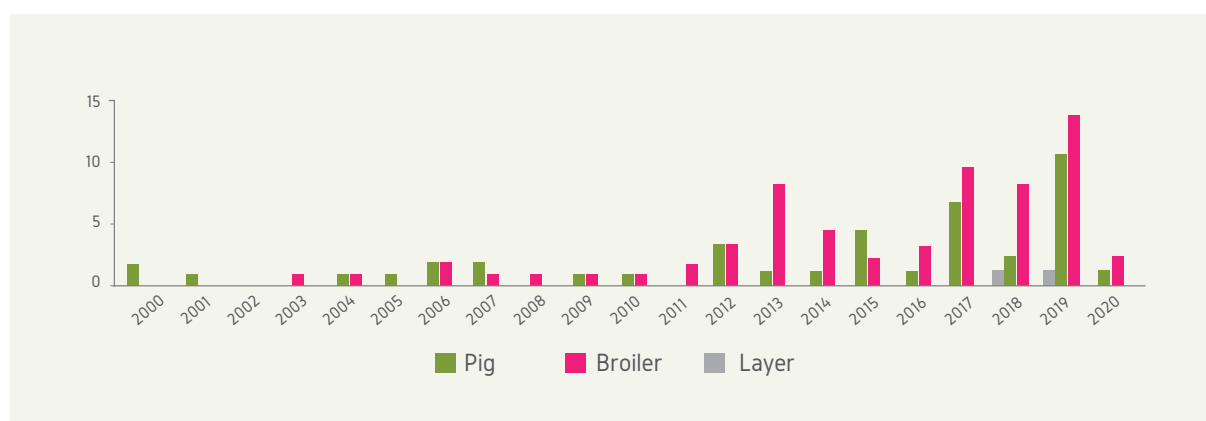
The earliest study to observe the impact of unconventionally high doses of phytase reported an additional release of phytate phosphorus as a result of increasing phytase inclusion rate from 950 FTU kg<sup>-1</sup> to 7,600 FTU kg<sup>-1</sup> (Nelson et al., 1971).

General recommended dose of phytase in poultry is 500 FTU kg<sup>-1</sup> diet (Selle and Ravindran, 2007; Cowieson et al., 2009; Pirgozliev et al., 2012; Lalpanmawia et al., 2014), but today a range is proposed to adjust the dosage to the specific needs. Shirley and Edwards (2003) observed a quadratic and linear increase in phytate phosphorus disappearance with increasing phytase dose in chicken diets up to 12,000 FTU kg<sup>-1</sup> in corn-based diets. On reflection there may be three principle mechanisms that the use of higher doses of phytase has been gaining interest: 1) More liberated phosphate or restoration of P/Ca proportionate release, 2) Less residual phytate i.e. destruction of the antinutritive effect and increased generation of more soluble lower esters, 3) Generation of myo-inositol with vitamin-like/lipotropic effects (Cowieson et al., 2011). The use of super doses of phytase (>1,000 FTU kg<sup>-1</sup> of diet) improves nutrient availability in the feed (Cowieson et al., 2006). The high doses of phytase may result in a higher release of phosphate from phytate and consequently an improved calcium to available phosphorus ratio with less residual phytate in the gut (Cowieson et al., 2011). The standard dose of phytase can target intermediate-lower esters such as IP4 and/or IP3 but the concept of super-dosing is able to liberate the phosphorus more efficiently from IP6 to IP1 at a lower pH which is upper gastrointestinal track (Fig. 3).



**Figure 3. The concept of phytase super-dosing**

In the studies where the impact of high doses of phytase is observed, the phosphorus requirement was met with 500 to 750 FTU kg<sup>-1</sup> of phytase. Thus, performance improvements with phytase above 750 FTU kg<sup>-1</sup> is related to mechanisms separate from meeting the phosphorus requirements (Cowieson et al., 2011). Kornegay (2001) explained in a review that between 500 and 1,500 FTU kg<sup>-1</sup> were necessary to achieve the maximum effect of phytase on phosphorus digestibility and the magnitude of response went down from around 2% to 0.5% in pigs and poultry for 500 and 1,500 unit of phytase kg<sup>-1</sup>, respectively. This supports the suggestion that performance improvements from super-dosing are a result of nutrients other than phosphorus, as the phosphorus requirement was met at a phytase level below levels where maximum performance improvements were seen. In a review, Kornegay (2001) concluded that the maximal effect of phytase supplementation on performance was estimated to be between 500 and 1,500 FTU/kg. Beaulieu et al. (2007) also saw growth performance improvements in grower pigs supplemented with super-dosed levels of phytase when phosphorus was limited. The number of published articles on phytase super-dosing have been increasing (Fig. 4). Thus, the advantages of phytase super-dosing such as feed cost saving by reducing calcium phosphate supplementation, improving the efficiency of nutrients and body metabolic advantages became widely known.



**Figure 4. Published papers for super-dosing of Phytase in swine and poultry.**

※ Data from PubMed: searching articles since 2000 including >1,500 Unit phytase kg<sup>-1</sup> feed (super-dosing).

**Table 1. Recent literature considering the effect of phytase super-dosing on nutrient digestion and growth performance.**

Author	Year	Species	Phytase level, FTU kg <sup>-1</sup>	Nutrient levels	Outcome
Walk & Olukosi	2019	Broiler	2,000, 4,000	Low Ca, P levels	Improved body weight
Babatunde et al.	2019	Broiler	1,000, 2,000	Low P levels	Increased growth & FCR
Kim et al.	2017	Layer	10,000, 20,000, 30,000	Low P levels	Increased egg production
Gourley et al.	2018	Nursery pigs	500, 1,000, 2,000, 3,000, 4,000	Low P levels	Increased growth, bone ash
Mesina et al.	2019	Growing pigs	750, 1,500, 3,000	Low Ca, P levels	Improved Ca, P utilization
Broomheat et al.	2019	Nursery pigs	500, 1,000, 2,000, 4,000	Low P levels	Increased growth, bone ash

Many of the research with high doses of phytase was done using diets limited in phosphorus having the potential to confound performance improvements as it is not possible to completely rule out the improvements being a result of improved phosphorus availability (Beaulieu et al., 2007; Zeng et al., 2014). Therefore, the performance improvements resulting from phytase super-dosing could be related to increased phytate catabolism, and increased myo-inositol availability for utilization throughout the body.

## IMPORTANCE OF INOSITOL

Myo-inositol is structurally fundamental to the phosphoinositide family of lipids, which are located in different membranes within the body. Phosphoinositides are used as a source of different lower derivative inositols that are involved in intra-cellular signaling of calcium and insulin secondary messaging (Fisher et al., 2002; Raboy, 2003; Croze and Soulage, 2013). Thus, phytase super-dosing can lead to an increased availability of lower derivative inositols and myo-inositol, minimizing the need to synthesize them, and sparing the energy previously used in synthesis and directing it towards growth. Phytase super-dosing improves nutrient availability, as previously mentioned, it is possible that the small improvements observed in growing-finishing pigs may be due to separate mechanisms such as the release of lower derivative inositols or free myo-inositol (Holloway et al., 2016).

Cowieson et al. (2013) reported improvements in growth performance and insulin levels in broilers supplemented with myo-inositol. Inositol is a member of the phosphoinositide family of lipids. Phosphoinositides are stored in the plasma membrane and are a source of lower derivative inositols which are used as secondary messengers in insulin signaling and intra-cellular Ca signaling (Croze and Soulage, 2013). It is possible that the by increasing inositol availability for use in these pathways is attributing to the presently observed improvements in growth performance. However, this is only speculation as research considering the effect of dietary inositol is limited, especially in pigs.

## CONCLUSION

Phytase super-dosing has several advantages. Improving animal feed digestibility, feed energy efficiency, release of inositol, increase bioavailability of minerals, and increase of digestibility coefficient of amino acids. As the effectiveness of super-dosing becomes clearer, the importance of selecting high quality phytase products will be highlighted. CJ Youtell will provide high quality products and solutions to supports this.



---

## REFERENCES

Available on request. please contact the author if you need (hyeonho.yun@cj.net).